## Top five tips from lab sustainability champions



**Get training** on sustainable labs practices and learn how to implement them in your workspace.

Use a lab-wide, building-wide or institution-wide chemical inventory and share chemical stocks to reduce expiry waste. Centralise purchasing to reduce packaging and transport.





Practice good cold storage management. Raise temperature to -70°C where possible, maintain and defrost regularly, use high quality labelling and record sample locations to make it easier to find items.

Use equipment when full (facilitated by sharing) and switch off when not in use.



Keep the fume cupboard sash down when not actively in use.



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