

How to deal with ice packs from deliveries

Gel packs

Most are labelled “re-usable” or “non-toxic”. Except for the envelope which is made of a recyclable plastic, the internal content is mainly water (99%).

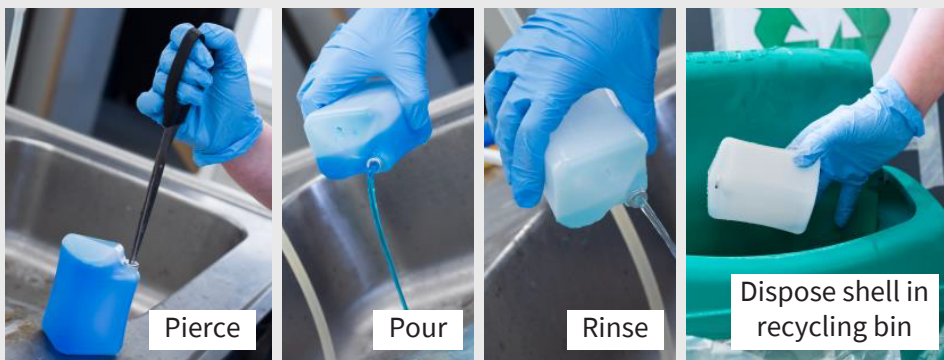
They can be disposed of in general waste instead of in yellow or orange clinical waste bags to reduce cost and carbon. They can be taken home for personal use (picnics and so on). ‘DeRidder’ suggested that the content of their gel packs could be used on your lawns. They don’t recommend emptying them in the sink.



Liquid packs

Labelled with the recycling sign shipped by a variety of suppliers. The blue colour is a food colourant. Rather than as clinical waste, you can dispose them as shown.

(The only risk is we may turn the Forth blue!)



Foam packs

Also labelled ‘re-usable’, ‘non-toxic’ they contain a sponge and some liquid as well as antifungal and an antibacterial.

You can dispose of them in general waste rather than in yellow or orange clinical waste bags to reduce cost and carbon.



Based off a poster from UCL, adapted with permission.

Credits: Jessica Orr (Leading Actor) and Dr Pascal F Durrenberger (Director of Photography, Script and Production)



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